

OSLO ROKRETS VINTER GRAND PRIX 2026 - Runde 1 (Nov 25)

STAFETT FIRER 4000 m (2 X 500 m)

1	Herrer	Senioir	12:33,5	NSR	August Holth-Siegel (05) / Balder Dysthe (07) / Tommy osterlund (66) / Erik Juel (69)
2	Mix	Senior	12:43,6	Bærum	Christian Riis (05) / Ask Bergmann (06) / Thea Barski (08) / Cornelia Riis (08)
3	Herrer	U19	13:35,4	NSR	Johan Wendel Iversen (09) / Joachim Henne-Madsen (08) / Henrik Henne-Madsen (11) / Jesper Jære strøm (09)
4	Mix	50+	13:40,5	Skullerud	Lars Holth (74) / Olav Ree (61) / Kjetil Digre (70) / Ingrid Stuenæs (74)
5	Herrer	U17	13:57,0	Bærum	Viktor Petersen (11) / Alexander Philips (11) / Jesper Rasmussen-Hirschfeld (10) / Henrik Vatland (10)
6	Herrer	50+	14:03,0	Bærum	Martin Draleke (69) / Erik Godøy (60) / Daniel Søbak (93) / Arne Svensøy (53)
7	Mix	50+	14:03,1	Skullerud	Tore Foss (52) / Kent Pettersson (65) / Elisabeth Sørli (77) / Benita Clausen (71)
8	Mix	30+	14:15,7	Skullerud	Henning Mortensen (91) / Veronica Nielsen (77) / Øystein Botillen (65) / Helene D. J Nyvold (01)
9	Mix	30+	14:20,7	Christiania	Elisabeth Bjone (69) / Michael Geyer (78) / Thomas Hodges Dale (97) / Joris Verschaeve (81)
10	Herrer	70+	15:09,0	Bærum	Hans Christian Bræin (48) / Arnljot Skogvang (53) / Tore Gulli (54) / Alv Heitmann (43)
11	Damer	U19	15:34,6	NSR	Martine Næs Lian (08) / Mathilde Roelly-Saint-Amand (08) / Annika del Castillo-Tandberg (09) / Juliana del Castillo-Tandberg (10)
12	Damer	50+	16:41,4	Christiania	Melanie Kirmess (76) / Ragnhild Bruusgaard (61) / Kjersti Elvestad (58) / Elisabeth Bjone (69)
13	Mix	50+	18:19,0	NSR	Hilde Vagle (63) / Bjørn Gilbo (45) / Lars Harnes (59) / Eduardo Reis (83)
14	Mix	50+	18:32,0	NSR	Tonje Bjertnes (68) / Vigdis Nordahl Hansen (57) / Elise Lium (49) / Hanne Borgaas (72)
15	Mix	70+	20:15,0	NSR	Anne M Hadenius (33) / Sidsel Setterblom (47) / Carl Bonnevie (42) / Torstein Lange Larssen (48)
16	Mix	70+	20:30,0	NSR	Anne Heimdal (58) / GuriP Johannessen (58) / Tor Winsnes (46) / Liv Dannevig (49)
17	Mix	70+	20:59,0	NSR	Elisabeth W Gilbo (46) / Reidunn Caspersen (42) / Lars Bruusgaard (47) / Lisbeth Akselsen (51)
18	Mix	70+	22:38,0	NSR	Bjørn Østom (45) / Margrete Mangset (53) / Ove Mæhlum (39) / Bente Stave (43)
19	Damer	70+	24:38,0	NSR	Amelie Fougner (45) / Betty Lind (46) / Birgitte Bruaset (42) / Marit Wergeland (48)

STAFETT TOER 2000 m (2 X 500 m)

1	Herrer	Senior	06:38,9	Bærum	Eskil Steinmoen (05) / Edvard Lunde (09)
2	Herrer	30+	07:00,7	Oslo	Martijn van Tiggelen (82) / Jamie Cameron (89)
3	Mix	Senior	07:09,9	Bærum	Ane Bergene (06) / Eskil Steinmoen (05)
4	Herrer	50+	07:10,0	NSR	Vilhelm Heiberg (70) / Andreas Tveteraas (72)
5	Mix	U17	07:27,8	Bærum	Magnea Halldorsdottir (10) / Peder Preststulen (12)
6	Herrer	Senior	07:33,1	NSR	Oleksander Krasnovyd (05) / Mykola Kamniev (04)
7	Herrer	50+	07:35,1	Bærum	Øystein Vatland (74) / Robert Hirschfeld
8	Herrer	70+	08:08,0	Christiania	Iver Høy (50) / Svein Mollestad (53)
9	Herrer	70+	08:18,0	Christiania	Tore Lystad (47) / Øyvinn Brøymer (48)
10	Mix	50+	08:24,4	Christiania	Lars Jensen (68) / Laila Thomassen (69)
11	Herrer	70+	09:04,7	Christiania	Morten Flood (48) / Torstein Rekkedal (44)
12	Damer	50+	09:06,0	NSR	Lucretia Belaunde(63) / Aslaug van Nes (73)
13	Herrer	70+	09:30,0	NSR	Bjørn Saga (52) / Jan Hysing (52)
14	Damer	U19	09:37,0	NSR	Sofia Kudyk (09) / Natalija Borisova (09)
15	Damer	Senior	09:39,3	NSR	Viktoriya Pantelimon (01) / Daria Reint (00)
16	Herrer	70+	09:40,0	Christiania	Stein Mørk (44) / Olav Nygaard (47)
17	Mix	70+	10:00,0	NSR	Natasza Sandbu (50) / Ulf Kristiansen (45)
18	Herrer	50+	10:05,0	NSR	Jens Petter Koren (64) / George Refseth (64)

STAFETT FIRER 2000 m / TOER 1000 m (2 X 250 m)

1	Mix	U15	07:07,1	Bærum	Mikael Dubrowen (12) / Elicka Sohrabi (12) / Anna Frøseth (12) / Alexander Alvarez-Troshkov (12)
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STAFETT TOER 1000 m (2 X 250 m)

1	Herrer	U15	04:20,6	NSR	Georg Henne-Madsen (12) / William Henne-Madsen (14)
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