

## 2025 OSLO ROKRETS VINTER GRAND PRIX -RUNDE 3 (JAN)

### Mix 50+ Firer Stafett 8 000 m (2 x 1 000 m per roer)

1	Skullerud	29:42,1	Firer	Kent Pettersson (65) / Benita Clausen (71) / Øystein Botillen (65) / Ragnhild Meisfjord (72)
2	Skullerud	30:32,2	Firer	Kim Andre Eriksen (76) / Jorunn Foss (68) / Ingrid Stuenæs (74) / Lars Holth (74)
3	Skullerud	31:13,1	Firer	Elisabeth Sørli (77) / Veronica Nielsen (77) / Olav Ree (61) / Espen Simonsen (72)
4	NSR	32:43,0	Firer	Andreas Tveteraas (72) / Espen Gjørsv (66) / Trine Knutsen (68) / Vilhelm Heiberg (70)

### Damer 70+ Firer Stafett 8 000 m (2 x 1 000 m per roer)

1	NSR	52:07,0	Firer	Lisbeth Akselsen (51) / Betty Lind (46) / Birgitte Bruaset (42) / Anne M Hadenius (33)
---	-----	---------	-------	--

### Herrer 70+ Firer Stafett 8 000 m (2 x 1 000 m per roer)

1	Bærum	32:25,0	Firer	Tore Gulli (54) / Arne Svensøy (53) / Hans Christian Bræin (48) / Alv Heitmann (43)
---	-------	---------	-------	---

### Mix 70+ Firer Stafett 8 000 m (2 x 1 000 m per roer)

1	NSR	40:50,0	Firer	Elise R. Lium (49) / Reidunn Caspersen (42) / Ulf Kristiansen (45) / Liv Dannevig (49)
2	NSR	45:35,0	Firer	Carl Bonnevie (41) / Lizzie Bernhoft (34) / Bjørn Gilbo (45) / Torstein L Larssen (48)
3	NSR	46:07,0	Firer	Tor Winsnes (46) / Lars Bruusgård (46) / Amelie Fougner (45) / Sidsel Setterblom (47)
4	NSR	46:08,0	Firer	Ove Mæhlum (39) / Marit Wergeland (48) / Anne Heimdal (58) / Bjørn Østom (43)

### Damer U19 Firer 20 000 m (5 000 m per roer)

1	NSR	28:04,8	Firer	Martine Lian (08) / Cecilia Hjortsjö (08) / Stella Moe (08) / Mathilde Roelly St Amand (08)
---	-----	---------	-------	---

### Herrer U19 Firer 20 000 m (5 000 m per roer)

1	NSR	13:06,0	Firer	Martin Anker(07) / Eskil Heiberg (07) / Joachim Henne-Madsen(08) / Ferdinand Reljin (08)
---	-----	---------	-------	--

### Damer 50+ Toer Stafett 4 000 m (2 x 1 000 m per roer)

1	NSR	18:50,0	Toer	Jan Hysing (52) / Jens P. Koren (64)
---	-----	---------	------	--------------------------------------

### Herrer 50+ Toer Stafett 4 000 m (2 x 1 000 m per roer)

1	Christiania	14:36,5	Toer	Ivar Kristiansen (61) / Jannis ( 67 )
2	Bærum	15:22,0	Toer	Jan Weitzenboeck (66) / Jon Aarbakke (68)

3 Christiania 15:52,4 Toer Thomas Andersen (69) / Jahn Rønne (46)

### Mix 50+ Toer Stafett 4 000 m (2 x 1 000 m per roer)

1 Christiania 14:49,0 Toer Michael Geyer (78) / Elisabeth Bjone (69)

2 Christiania 17:19,4 Toer Laila Thommassen (69) / Lars Jensen (68)

### Damer 70+ Toer Stafett 4 000 m (2 x 1 000 m per roer)

1 Christiania 18:39,5 Toer Ragnhild Bruusgaard (61) / Janne Spilling (46)

2 NSR 21:32,0 Toer Marianne Lundh (49) / Brita Børve (54)

### Herrer 70+ Toer Stafett 4 000 m (2 x 1 000 m per roer)

1 Christiania 15:12,0 Toer Jahn Rønne (46) / Pål Sandli (52)

2 Christiania 15:18,9 Toer Iver Høy (50) / Øyvind Brøymer (48)

3 Christiania 16:38,1 Toer Terje Graver (49) / Knud Boye (51)

4 Christiania 17:25,9 Toer Truls Lindemann (46) / Torstein Rekkedahl (44)

5 Christiania 18:09,0 Toer Lars Kavli (52) / Tore Lysdahl (47)

6 Christiania 18:36,5 Toer Jan Bengtson (44) / Olav Nygaard (47)

7 Christiania 18:47,4 Toer Stein Mørk (44) / Olav Nygaard (47)

8 Christiania 18:56,2 Toer Morten Flood (48) / Stein Mørk (44)

### Mix 70+ Toer Stafett 4 000 m (2 x 1 000 m per roer)

1 Christiania 18:17,5 Toer Janne Spilling (46) / Jahn Rønne (46)

2 NSR 18:20,0 Toer Helge Gaden (33) / Marlys Eriksen (51)

### Mix U17 Toer 10 000 m (5 000 m per roer)

1 Bærum 46:01,2 Toer Live Brautaset (10) / Elias Andersen (10)

### Damer U19 Toer 10 000 m (5 000 m per roer)

1 Bærum 39:33,0 Toer Cornelia Riis (08) / Fay Lange (07)

2 Christiania 41:39,3 Toer Rakel Bryhni (07) / Ylva Stordal (07)

3 NSR 45:21,2 Toer Kaja Weisæth-Andersen(08) / Annika Hjortsjö (08)

### Herrer U19 Toer 10 000 m (5 000 m per roer)

1 Christiania 35:34,3 Toer Samuel Bryhni (09) / Henrik Høegh (07)

2 Ormsund 40:49,0 Toer William Skaug (08) / Darin Mehraban (08)

### Mix U19 Toer 10 000 m (5 000 m per roer)

1 Bærum 39:20,2 Toer Michael Aasgaard (07) / Thea Barski (08)

### Damer U23/Senior Toer 10 000 m (5 000 m per roer)

- 1 Christiania 38:47,4 Toer Tale Tønsager (05) / Oline Skorgevik (04)
- 2 Christiania 41:14,5 Toer Tora Mysterud (06) / Marianne Madsen (92)

### Herrer U23/Senior Toer 10 000 m (5 000 m per roer)

- 1 Bærum 34:03,2 Toer Christian Riis (05) / Eskil Steinmoen (05)
- 2 Christiania 34:18,2 Toer Mads Reite (06) / Jostein Thon (04)
- 3 Bærum 34:44,8 Toer Ask Bergmann (06) / Sander Stundal de Vos (06)

### Damer U15 Toer 8 min (4 min per roer)

- 1 Bærum 1934 m Toer Elicka Sohrabi (12) / Anna Frøseth (12)

### Mix U15 Toer 8 min (4 min per roer)

- 1 Bærum 2124 m Toer Anna Frøseth (12) / Peder Preststulen (11)